



FOREWORD

Warm greetings from Swabodhini!

March has been an exciting and vibrant month at Swabodhini, as we proudly showcased the talents of our children. Our 37th Annual Day celebrations brought epics and mythological stories to life, reflecting the dedication and wholehearted involvement of both our students and staff. Their remarkable performances left the audience spellbound and made the event a grand success. We were honoured to have representatives from leading corporates in attendance, who appreciated and commended the students for their soulful performances.

We are grateful to Indium for providing us the opportunity to exhibit and sell our students' vocational products at their premises on the occasion of Women's Day.

With a predominantly women-led team, strongly supported by our male staff, Swabodhini also took the opportunity to celebrate the invaluable contributions of women in the field of disability on Women's Day in the school campus.

Students from our Velachery Centre had an enjoyable outing watching a cricket match at the Guru Nanak College grounds. It was heartening to observe their growing ability to understand the rules and actively follow the game.

As part of our ongoing knowledge-sharing initiatives, we welcomed Ms. Trisha, along with her team and interns, who visited our centres to learn about the methodologies we adopt in educating children with special needs.

As always, birthdays were joyfully celebrated at the end of the month.

We look forward to connecting with you again next month, bringing more updates and milestones from Swabodhini.

Warm regards,

Nandini Priyakumari

Director

Swabodhini School and Vocational Centre for Special Children



SWABODHINI'S 37TH ANNUAL DAY: A GRAND CELEBRATION

Swabodhini proudly celebrated its 37th Annual Day on March 14th, in the esteemed presence of distinguished dignitaries from the corporate sector. The event was a vibrant showcase of our students' exceptional talents, with performances that captivated and inspired the audience. It was particularly heartening to see all our students confidently take the stage, reflecting their growth and spirit. The celebration stood as a testament to their dedication and the institution's commitment to holistic development.



EMPOWERING THROUGH VOCATIONAL EXCELLENCE

Our stall at Indium proudly showcased a range of vocational products crafted by our talented students. The display highlighted their creativity, skill, and dedication, drawing appreciation from visitors. It served as a meaningful platform to promote their abilities and encourage greater independence. The experience was both empowering for the students and inspiring for all who attended.



CELEBRATING STRENGTH AND SPIRIT: WOMEN'S DAY AT SWABODHINI

International Women's Day was celebrated with great enthusiasm at our Tondiarpet and Velachery centres. The event honoured the strength, resilience, and contributions of women within our community. Students and staff participated in engaging activities and meaningful discussions, making the celebration both joyful and impactful. The day served as a reminder of the importance of empowerment, equality, and continued support for women in all walks of life.



A DAY AT THE CRICKET GROUND

Students from the Velachery centre had the opportunity to witness an exciting intercollegiate cricket match at Guru Nanak College. The outing provided a refreshing break while allowing them to experience the enthusiasm and sportsmanship of live cricket. It was an engaging and enjoyable experience that encouraged teamwork, observation, and appreciation for the sport.



A DAY OF INTERACTION AND EXPRESSION

Ms. Trisha and her team visited the Thiruvanniyur centre, spending quality time interacting with the children. The visit was filled with engaging colouring activities that sparked creativity and joy among the students. Their warm and encouraging presence created a lively and positive atmosphere. The session was both enjoyable and enriching for everyone involved.



LEARNING THROUGH DOING: VOCATIONAL TRAINING IN ACTION

As part of their vocational training, our students actively participated in making popcorn and engaging in coaster painting activities. These hands-on sessions helped them develop practical skills while encouraging creativity and independence. The process fostered confidence, coordination, and a sense of accomplishment among the students. Such activities play a vital role in preparing them for real-world opportunities and self-reliance.



ENGAGING VISITS AND MEANINGFUL INTERACTIONS

We were delighted to welcome visitors and interns to our organisation, who spent time interacting with our students. Their presence brought fresh perspectives and meaningful engagement, enriching the overall learning environment.





THE ROLE OF MUSIC IN AUTISM INTERVENTION

Music has emerged as a powerful tool in the intervention of individuals with Autism Spectrum Disorder (ASD), engaging areas of the brain related to communication, emotion, and sensory processing. Its enjoyable and non-threatening nature makes it especially effective for children with diverse developmental needs.

One of the key benefits of music is its impact on communication. Many children with autism, including those who are nonverbal, respond more readily to rhythm and melody than to spoken language. Music encourages vocalization, imitation, and supports the development of speech, serving as an alternative pathway for expression alongside speech therapy.

Music also supports emotional expression and regulation. It provides a structured and safe outlet for children to explore feelings, reduce anxiety, and express themselves without relying solely on words. This contributes significantly to their emotional well-being.

In addition, music promotes social interaction. Group activities such as singing and playing instruments encourage turn-taking, joint attention, and shared experiences, helping children build essential social skills in a supportive environment.

The structured nature of music improves attention and behaviour by increasing focus, easing transitions, and reducing repetitive behaviours. It also supports sensory integration by providing controlled auditory input and promoting body awareness through rhythm and movement.

Furthermore, music enhances cognitive and motor development by improving memory, sequencing, and coordination through engaging activities.

In conclusion, music is not just an art form but a therapeutic bridge that helps children with autism communicate, connect, and thrive, making it a valuable component of holistic intervention.

Ms. Nandini Priyakumari
Director



JOYFUL BIRTHDAY CELEBRATIONS

Birthdays were celebrated with great joy and enthusiasm across our centres. The celebrations brought smiles, laughter, and a sense of togetherness among students and staff. Each occasion was made special, creating cherished memories for everyone involved. These moments of happiness foster a warm and inclusive environment within the Swabodhini community.



PARENT TESTIMONIAL

My son is attending the school for closetoanyearnow.Helikesgoingto schoolandthestaffs takegoodcare onthekidssafety.welovethefactthat the school concentrates on other factorslikeyoga,musicwhichhelpsto calmthekids.weareconfidentonthe progress that he is making and looking forward formoreprogress in thecomingdays. thankyouforall the supportandcaremykidreceivefrom theschool.

Parent of Primary Student (Thiruvanniyur)