



# ***SWABODHINI***

*SCHOOL & VOCATIONAL CENTRE FOR SPECIAL CHILDREN*

**Annual Report 2018-19**

# ANNUAL REPORT 2018-19



*Swabodhini had a successful academic year 2018-19, thanks to the support of our staff, parents, donors, well wishers & all stake holders.*

*We were able to impact the lives of 66 students this year*

*In our endeavor to reach out to as many students in the spectrum, in line with our vision...*

*Swabodhini started a new centre inside Guru Nanak College, Velachery, where we have replicated the swabodhini model in a completely inclusive set up.*

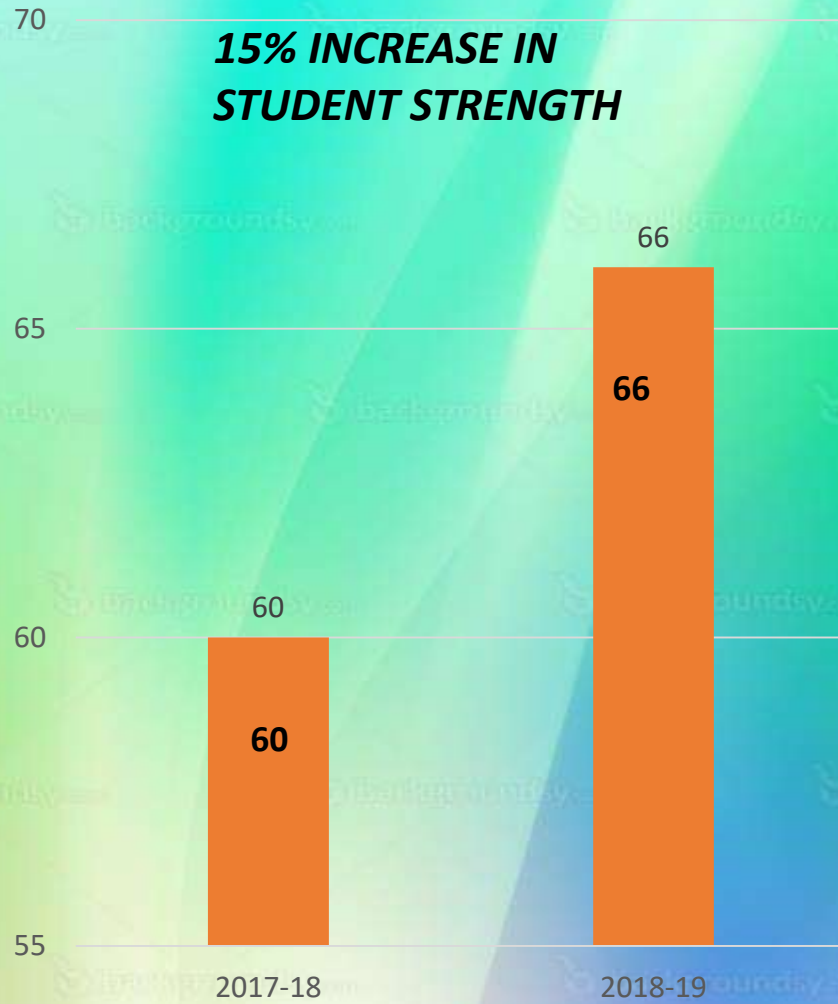
*Our students share space & infrastructure with 6000+ regular college students with access to facilities like ground, canteen, library, labs etc.*



# STUDENT STATISTICS



**15% INCREASE IN  
STUDENT STRENGTH**

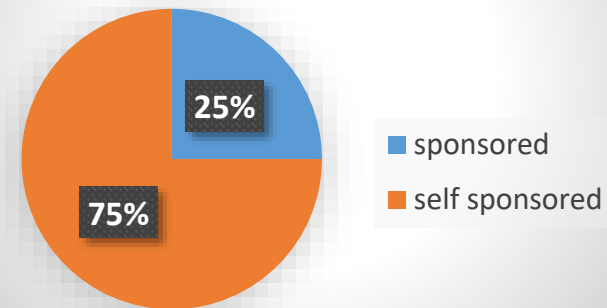


58 enquiries

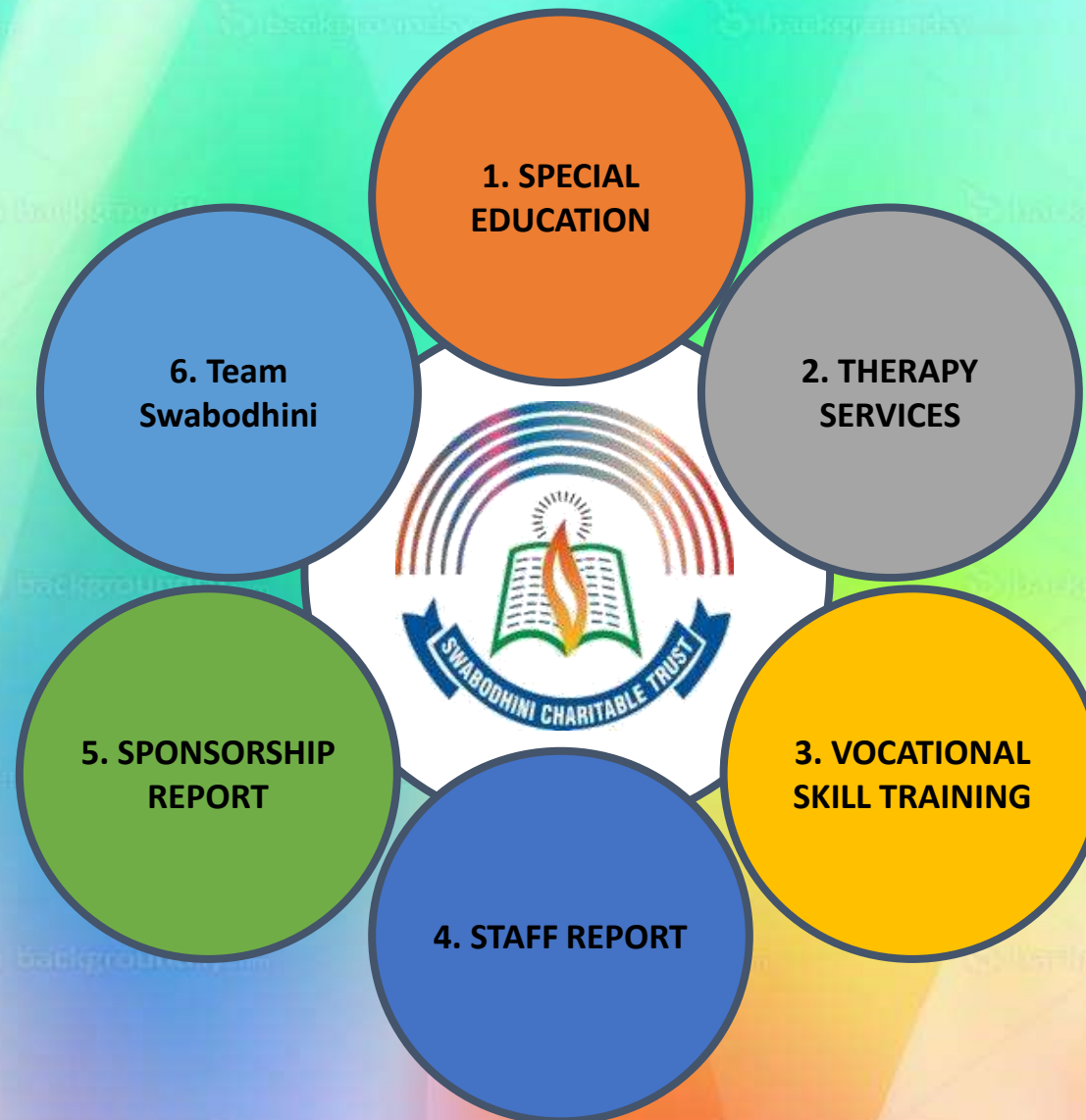
37  
assessments

16  
admissions

**1/4th of all students are  
sponsored**



# ANNUAL REPORT 2018-19



# ANNUAL REPORT 2018-19



## *SPECIAL EDUCATION REPORT*



# SPECIAL EDUCATION



- Introduction of pre-primary level

- This is the first step for early intervention (EI) training.
- Research has shown that early intervention can improve a child's overall development. Children who receive autism-appropriate education and support at key developmental stages are more likely to gain essential social skills and react better in society.



- Introduction of club activities

- Students across age group split into 8 clubs based on their interest.
- activity based learning
- improves cognition, behavior, coordination, understanding concepts & exposes them to a hobby.
- Students progress tracked through monthly reports.

# SPECIAL EDUCATION



| Name:   | WHAT I DID IN SCHOOL   |  | Date:  |
|---|--|--|--|
| <b>Behaviour</b><br><input type="checkbox"/> I had a great day<br><input type="checkbox"/> I was manageable<br><input type="checkbox"/> I was aggressive<br><input type="checkbox"/> I was unmanageable today<br><input type="checkbox"/> I helped my class teacher<br><input type="checkbox"/> I helped my friends<br><input type="checkbox"/> I was able/ unable to concentrate | <b>Meal times</b><br><input type="checkbox"/> I liked my lunch<br><input type="checkbox"/> I ate all my lunch/ half my lunch<br><input type="checkbox"/> I did not eat my lunch<br><input type="checkbox"/> I needed some support to eat<br><input type="checkbox"/> I ate independently<br><input type="checkbox"/> I cleaned up after eating | <b>Today I attended</b><br><input type="checkbox"/> Math <input type="checkbox"/> Retail <input type="checkbox"/> Speech<br><input type="checkbox"/> English <input type="checkbox"/> Culinary <input type="checkbox"/> OT<br><input type="checkbox"/> Science <input type="checkbox"/> Computer <input type="checkbox"/> Products<br><input type="checkbox"/> ADLs <input type="checkbox"/> Office Admin<br><input type="checkbox"/> Art <input type="checkbox"/> Theatre <input type="checkbox"/> Yoga<br><input type="checkbox"/> Dance <input type="checkbox"/> Music <input type="checkbox"/> Other<br><input type="checkbox"/> MNRI <input type="checkbox"/> Fitness | <b>Work</b><br><input type="checkbox"/> I worked independently<br><input type="checkbox"/> I left my tasks midway<br><input type="checkbox"/> I completed all my tasks<br><input type="checkbox"/> I needed few/ many verbal prompts<br><input type="checkbox"/> I needed few/ many physical prompts |
| <b>My communication</b><br><input type="checkbox"/> I communicated using gestures<br><input type="checkbox"/> I communicated using 2 or 3 words<br><input type="checkbox"/> I communicated using full sentences<br><input type="checkbox"/> I did not communicate today<br><input type="checkbox"/> I asked questions<br><input type="checkbox"/> I requested for permission      | <b>Group behaviour</b><br><input type="checkbox"/> I waited for my turn<br><input type="checkbox"/> I did not interrupt<br><input type="checkbox"/> I was comfortable interacting with my classmates<br><input type="checkbox"/> I enjoyed my group activities   | <b>Today I learnt</b><br>1.<br>2.<br>3.<br>4.<br>5.  |  |
| <b>Tomorrow I need to bring:</b><br>1.<br>2.<br>3.  |  | <b>Remarks:</b><br><br><br><div style="text-align: right;">Teacher's signature</div>   |  |

| WHAT I DID AT HOME   |  | Date:   |   |
|--|--|---|---|
| <b>For breakfast I Ate</b><br><br><b>For Dinner I ate</b>      | <b>On TV/ Computer/ Phone I watched</b><br><br><b>I went to bed at _____</b><br><input type="checkbox"/> I could not go to sleep on time<br><input type="checkbox"/> I slept well through the night<br><input type="checkbox"/> I woke up at night at ____ | <b>I had a change</b><br><input type="checkbox"/> In medicines<br><input type="checkbox"/> In schedule<br><input type="checkbox"/> I am unwell<br><input type="checkbox"/> Details: | <b>We visited</b><br><br><br><b>My behaviour in the morning was</b><br><input type="checkbox"/> Manageable<br><input type="checkbox"/> Unmanageable<br><b>My behaviour in the evening was</b><br><input type="checkbox"/> Manageable<br><input type="checkbox"/> Unmanageable |
| <b>I played</b><br><br><b>I visited</b><br><br><b>I learnt</b> | <b>Our visitors were</b><br><br><br><b>Check my bag for:</b><br><br><b>Remarks from parents:</b><br><br><br><div style="text-align: right;">Parent's signature</div>   |   |   |

- Introduction of daily activity tracker
  - Simple & effective two way communication tool between teachers & parents.
- Implementing standardized evaluation tools for base-line assessment of all existing students



# SPECIAL EDUCATION



- *Experiential visits*
  - *Safety in public places*
  - *Safety in kitchen*
- *Story telling sessions*
- *Inauguration of the INTACH club*





# SPECIAL EDUCATION



## GRADUATION DAY!

- *Progress in levels*
- Primary to prevocational
  - Danish
  - Mani Muthu Kumaran
  - Pritish
  - Rishi Raj
  - Vishal Prabhu
- Pre-vocational to vocational
  - Sunisha
- Graduated from Vocational
  - Kaustav



# SPECIAL EDUCATION –INFRASTRUCTURE ADDITION



- *Two new classrooms at Guru Nanak College*
- *New roofing over assembly area*
- *Reinforcement of gates, fencing of terrace & compound walls for better safety*
- *Wash area at lunching space*
- *Art work on compound walls for a bright and stimulating learning environment*



# ANNUAL REPORT 2018-19



## THE THERAPY REPORT

# THERAPY REPORT



## *Fitness therapy*

- *Increase in number of students who undergo fitness therapy -from 18 to 33 students.*
- *Exclusive batch started for female students*
- *Started with one fitness therapist & now having a team of experts leading the same*

## *Music therapy*

- *it is being offered at no cost for all 66 students.*
- *This is conducted by trained musicians from Hitham Trust, run by acclaimed Carnatic musician Mrs. Bombay Jayashri.*



# THERAPY OUTREACH



## Students with learning disabilities give yoga lessons to stressed execs

Kamini.Mathala@timesgroup.com

Chennai: Aditya Prakash, 21, is so excited about his yoga session on Thursday at a top corporate firm in the city that no amount of pranayama can calm him down. In celebration of World Yoga Day on June 21, the student at Swabodhini School for Special Children, will for the first time get to be a teacher-trainer, captaining a team of two in a 30-minute yoga demo class for executives.



**PROVING THEIR METTLE:** Aditya Prakash (centre), Kannan T and Ashwin Ananth, of Swabodhini School for Special Children, rehearse their routine for the demo on Thursday

on the other hand will be focusing on surya namaskar and have been practising the routine rigorously for two months to get them right.

"Our students are usually the ones being trained and never get a chance to lead. So, it's exciting for them," says Anuradha Mahesh, director, Swabodhini School for Special Children. She adds the school has been holding yoga therapy classes for students



- *Free autism assessment camp*
- *Summer fitness camp*
- *Corporate yoga sessions lead by students of Swabodhini*



# THERAPY INFRASTRUCTURE ADDITION



- *New therapy centre inside Guru Nanak College offering Occupational, speech & fitness therapy*
- *Flooring of terrace at Tiruvanmiyur -conducive for injury free yoga & fitness therapy*



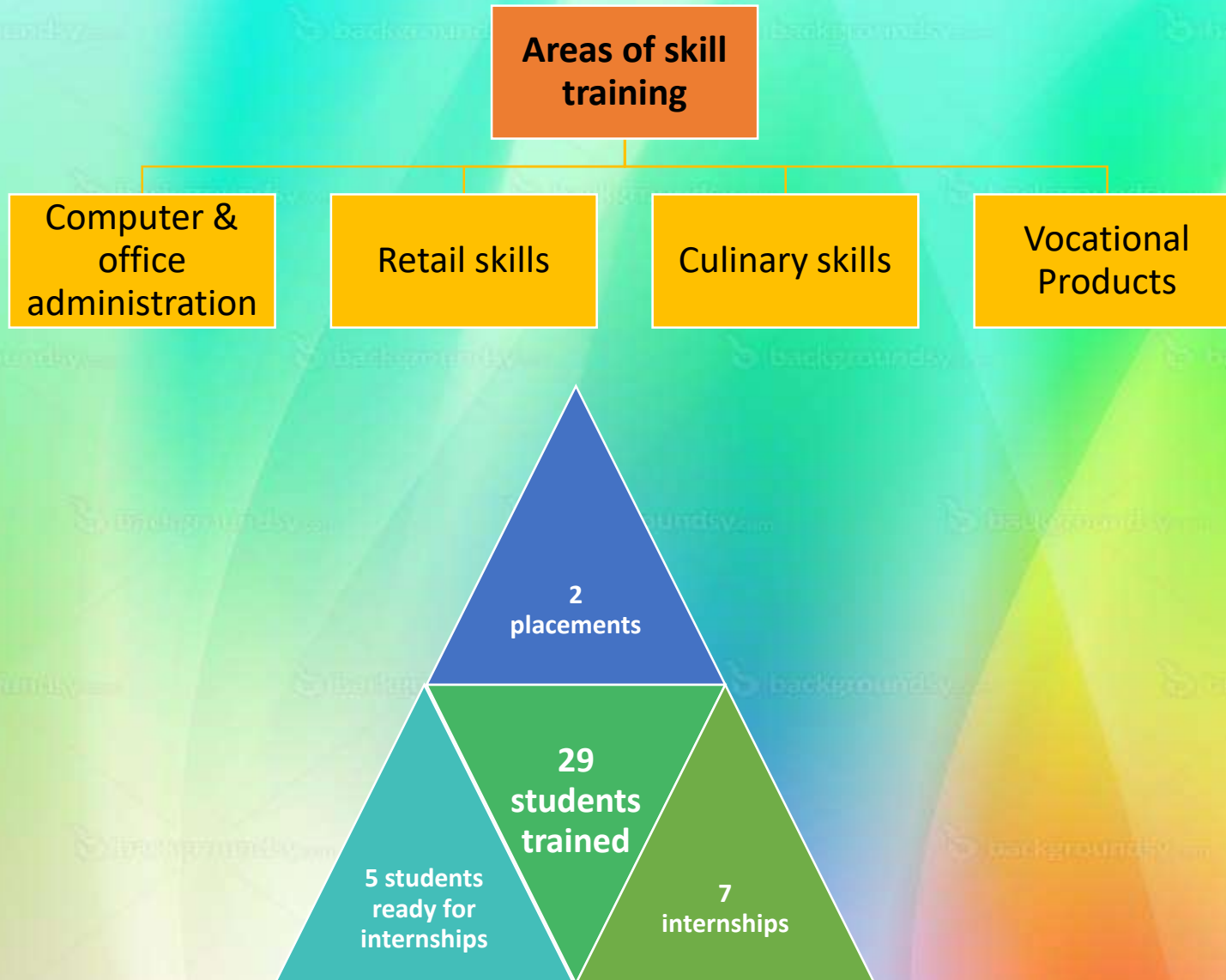
# ANNUAL REPORT 2018-19



## VOCATIONAL SKILL TRAINING REPORT



# VOCATIONAL REPORT



*In a crucial step towards providing standard & recognized education & skill training for students with autism & related intellectual challenges...*

*Swabodhini, in association with Guru Nanak College (Autonomous), has developed curriculum framework for 12 month certification courses in*

- *Retail skills*
- *Computer skills*
- *Culinary skills*

*which is accredited by the Academic Council. Students undergoing this course will receive certification from Guru Nanak College*



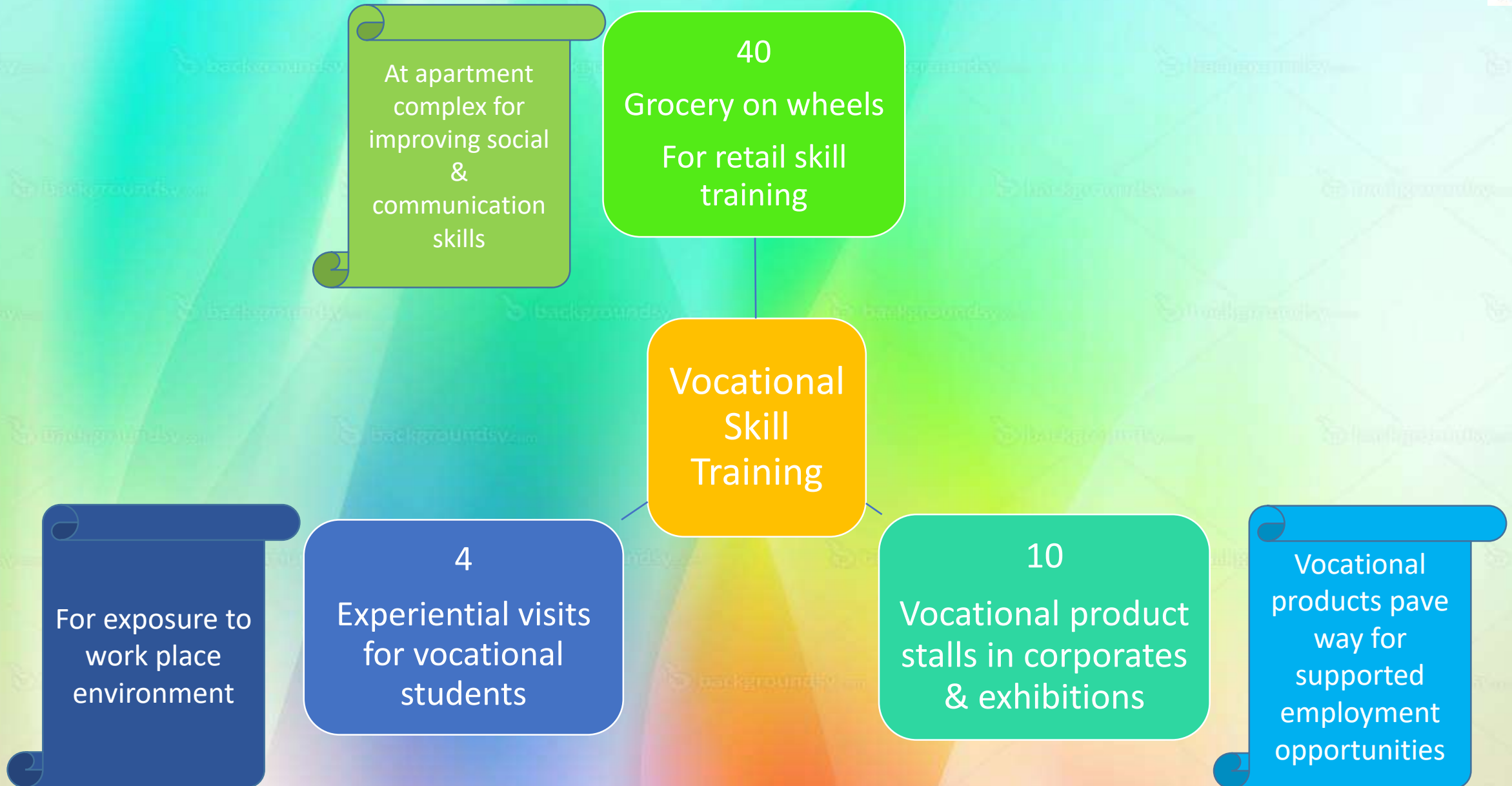
# VOCATIONAL REPORT



## Certificate Courses:

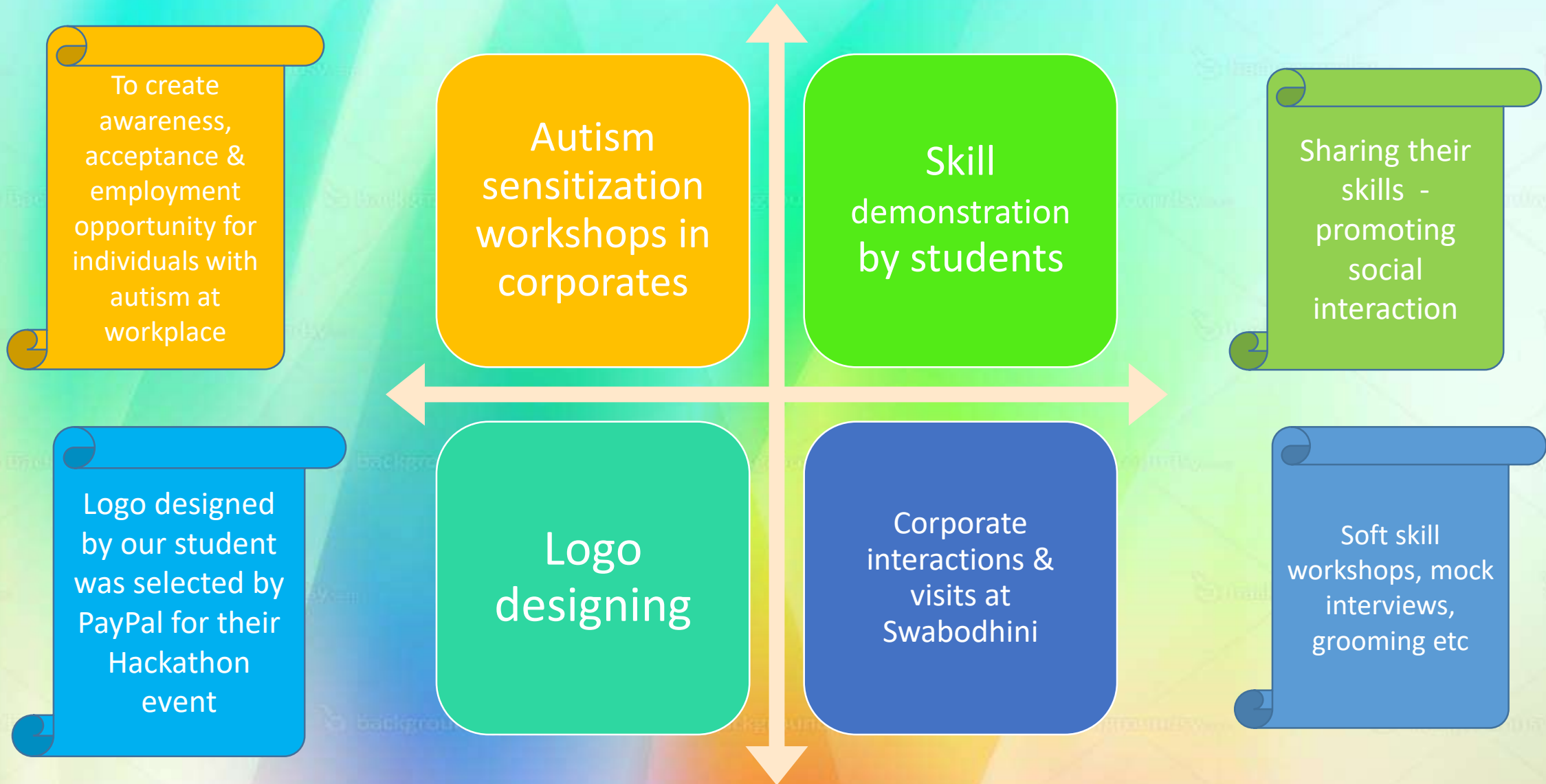
- **TNSDC:**
  - ✓ 9 students have completed the 500hr Tamil Nadu Skill Development Corporation (TNSDC) certification course in DTP & Print Publishing.
  - ✓ They have passed the external examination with flying colours.
  - ✓ Swabodhini is the only special school that is a registered training provider with TNSDC
- **AIMS MULTIMEDIA COURSE:**
  - ✓ 6 students have completed the 18 month AIMS Multimedia certification course.

# VOCATIONAL OUTREACH & IMPACT





# VOCATIONAL OUTREACH & IMPACT



# VOCATIONAL REPORT –INTERNSHIP & PLACEMENT



## Placements: 2 students

- *Mr. Kaustav - Guru Nanak College.*
- *Mr. Vishwanath - MAGC consultants.*

## Internships: 7 students

- Retail skills: 3 students -Mr. Nikhil Jawali, Mr. Praveen Kumar & Mr. Abhishek started their internship at supermarkets in Tiruvanmiyur.
- Culinary skills: 2 students -Ms. Priya & Ms. Booja have started their internship at Lennox International staff cafeteria
- Housekeeping: 2 students -Mr. Hari Kumaresh & Venkatesh completed 3 month internship at Savera hotel in housekeeping department.



# ACTIVITIES OF THE YEAR



- *INCLUSIVE CHRISTMAS CARNIVAL*
- *SPORTS MEETS*
- *CULTURAL COMPETITIONS*
- *IN-HOUSE CELEBRATIONS*



- *CTS shining star*
- *Perambur Sports Meet*
- *Kreeda Sports Meet*
- *ROTA & Neeta Talent show*
- *DDAWO meet*
- *Beach walk*





# STAFF REPORT 2018-19



*13 special educators*



*8 vocational skill trainers*



*8 therapists*

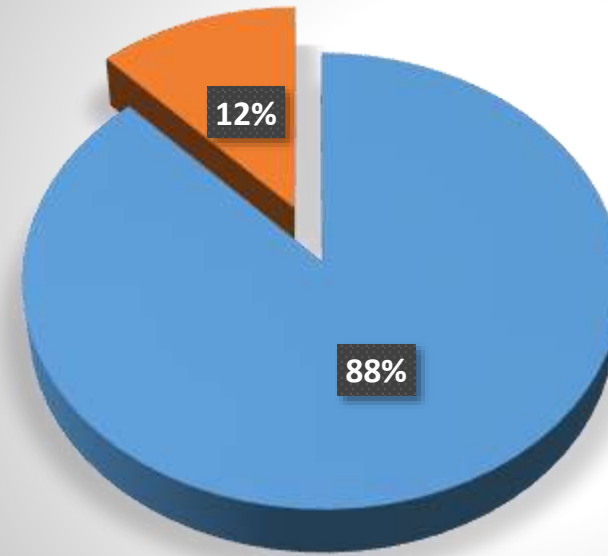


*12 support staff (Helpers)*



*6 outreach, finance & admin staff*

**Staff Roles**



- Educators, trainers & therapists
- outreach, finance & admin

- *Train the trainer workshops*
- *Strategy workshops*
- *Workshop by experts for teachers, parents & care givers*
- *Celebrations: Teacher's day, Helpers Thanks Giving day*



# AWARDS & RECOGNITION



- Champions of Chennai 2018 award by KSA Trust for exceptional contribution in the field of education - Ms. Anuradha mahesh (aug 2018)

- Sri Sathya Sai seva organization award for social service - Ms. Radha Ganesan (aug 2018)

- Women Economic Forum award for contribution in the field of inclusion of special needs -Ms. Anuradha mahesh (sept 2018)



- Lotus foundation & commandur award for their display of grit and determination in overcoming limiting challenges of autism. - Student Mr.vishwanath (sept 2018)

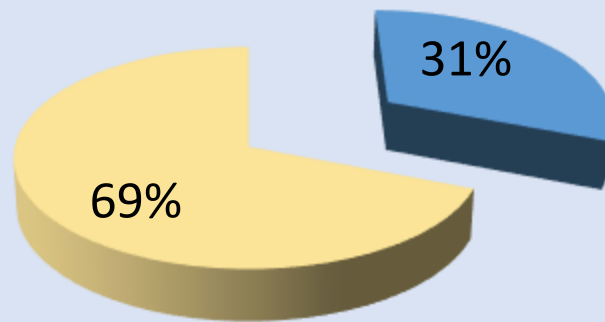
Sahayog Award for outstanding special educator by Redington Foundation - special educator Ms. meena ( nov 2017)



# ANNUAL REPORT 2018-19



## Donations



■ In-House ■ Others

## SPONSORSHIP REPORT

- 69% expenses are met by donations from generous patrons, corporates and other trusts
- Only 31% expenses are met by student donations



# SPONSORSHIP REPORT



## FUND RAISING EVENTS:

- Music Concerts

1. *Payanangal Mudivathilai* sponsored by Mr Rajaram & Mr Sriraman

2. *Elixir Beats* sponsored by Pioneer Music Gym

- Crowd funding through Letzchange platform
- Battle of the Buffet



# CORPORATE SPONSORS





# SPONSORSHIP REPORT



## STUDENT SPONSORS:

- *Bambino Education Trust*
- *Indian Terrain*
- *Mrs. Radhika & Mr. Shrikanth Wakharkar*
- *Mrs. Deepa & Mr. Bharat Kumar*
- *Mrs. Vidya & Mr. Ragothaman Hayagreevan*
- *Mr. Siva Shankar Ganesan*
- *Mrs. Kamala Selvam*
- *Mrs. Rajalakshmi.T.V*
- *Mr. K. Vaitheeswaran*
- *Mr. Rahul Jain*

## Trust, foundation & club philanthropists

- *Guru Nanak Education Society*
- *United Way Worldwide*
- *United Way Chennai*
- *ITC Ladies Club*



# 2019 ANNUAL DAY SPONSORS





# TEAM SWABODHINI



## Management Team

- **Ms. Anuradha Mahesh -Director**

- Ms. Abinaya -Head of Administration

- Ms. Amirthavalli R - Head of finance

- Ms. Aruna VN -Head of Marketing & expansions

## Support staff

- Ms. Anandhi

- Ms. Krishnaveni

- Ms. Kumari

- Ms. Nirmala

- Ms. Radha V

- Ms. Ramya S

- Ms. Selvi D

- Ms. Selvi R

- Ms. Shanthi

- Ms. Sivakami

- Ms. Sushila

- Ms. Vijaya

## Education

- Ms. Abirami B

- Ms. Anita Somerwell

- Ms. Bala J

- Ms. Deepika Rangarajan

- Ms. Girija

- Ms. Jagadeeshwari

- Ms. Jayanthi A

- Mr Joseph

- Ms. Kalaiselvi

- Mr. Kumaran

- Ms. Lakshmi Prabha

## Education

- Ms. Lakshmi Satish  
(education consultant)

- Ms. Mala.M

- Ms. Meena.S.

- Ms. Ramya M

- Ms. Sangeetha M

- Ms. Srikala.S

- Ms. Sudha Kartik

## Therapy

- Mr. Azar

- Mr. Jagadeesan

- Mr. Joshua Anand

- Ms. Leelavathi T

- Mr. Mathiazhagan T

- Ms. Priandini R

- Ms. Vijaya M

## Swayam Shop & Admin

- Mr. Giri

- Ms. Lalitha

- Ms. Kalpana

- Mr. Khaja Bhai

- Ms. Mohana

- Mr. Raja

# OVERALL IMPACT IN 2018 - 19



66 Students - 15%



7 Graduations



7 Internships



2 Placements



Early Intervention Centre / Pre-Primary Level



Guru Nanak College Centre